








Monday	Tuesday	Wednesday	Thursday	Friday
<p>Did you change the batteries in your smoke detector after Daylight Savings Time??</p>	<p>May 24th is the last day to sign up for the Father's Day Holiday Meal in June!</p>	<p>1) Turkey Cobb Salad Macaroni Salad Whole Wheat Dinner Roll Deluxe Fruit Cup PC Dressing</p> 	<p>2) Italian Sausage w/ Peppers and Onions Potato Salad Seasoned Brussels Sprouts Whole Wheat Hot Dog Bun Sliced Peas PC Ketchup, Mustard</p>	<p>3) Broccoli and Cheese Strata O'Brien Potatoes Stewed Tomatoes Whole Wheat Bread Brownie</p> 
<p>6) Hot Dog w/ Chili Sauce Italian Pasta Salad Seasoned Spinach Whole Wheat Hot Dog Bun Fresh Grapes PC Ketchup, Mustard</p> 	<p>7) Chicken Drumstick Au Gratin Potatoes Broccoli Salad Whole Wheat Bread Flavored Pudding w/ Whipped Cream</p>	<p>8) <i>Mother's Day Meal</i> Creamy Lemon Chicken Rice Pilaf Garden Salad Whole Wheat Dinner Roll Cheesecake w/ Cherry Topping PC Dressing</p>	<p>9) BBQ Pork Riblet Baked Beans Coleslaw Whole Wheat Hoagie Roll Mandarin Oranges</p>	<p>10) Cheeseburger Supreme w/ Lettuce, Tomato, Onion, Pickle Sweet Potato Wedges Mixed Vegetables Whole Wheat Hamburger Bun Fruited Gelatin w/ Whipped Topping PC Ketchup, Mustard</p>
<p>13) Spaghetti w/ Meatballs and Tomato Sauce Seasoned Spinach Italian Bread Fresh Orange PC Parm</p>	<p>14) Baked Homemade Meatloaf w/ Gravy Baked Sweet Potato Parslied Cauliflower Muffin Sliced Peaches PC Ketchup</p>	<p>15) Julienne Salad w/ Ham, Bleu Cheese and CROUTONS Two-Type Potato Salad Whole Wheat Dinner Roll Tropical Fruit Cup PC Dressing</p> 	<p>16) BBQ Chicken Thighs Scalloped Potatoes California Vegetable Blend Biscuit Pineapple</p>	<p>17) Chicken Stew Seasoned Peas Biscuit Deluxe Fruit Cup</p> 
<p>20) Breaded Chicken Patty w/ Lettuce, Tomato, Onion Mac and Cheese Seasoned Brussels Sprouts Whole Wheat Hamburger Bun Sunshine Bar PC Mustard</p>	<p>21) Polish Sausage Parslied Potatoes Bavarian Sauerkraut Whole Wheat Hot Dog Bun Fruited Gelatin w/ Whipped Topping PC Ketchup, Mustard</p>	<p>22) Roast Pork w/ Gravy Garlic Mashed Potatoes Peas and Carrots Rye Bread Cinnamon Applesauce</p>	<p>23) Ranch Chicken Pasta Salad Marinated Vegetable Salad Muffin Mandarin Oranges</p>	<p>24) Egg Salad Sandwich w/ Lettuce, Tomato, Onion Tomato Florentine Soup w/ Crackers Caesar Salad 2 Slices Whole Wheat Bread Fresh Cantaloupe PC Dressing</p> 
<p>MEMORIAL DAY REMEMBER AND HONOR <i>No meals served</i></p> 	<p>28) Greek Seasoned Chicken Breast w/ Feta Greek Seasoned Rice Mixed Vegetables ½ Whole Wheat Pita Tangerines</p> 	<p>29) Mushroom and Swiss Burger w/ Lettuce, Tomato, Onion Baked Sweet Potato Seasoned Broccoli Whole Wheat Hamburger Bun Sliced Peaches PC Ketchup, Mustard</p>	<p>30) Ham Salad Sandwich w/ Lettuce, Tomato, Onion Tri-Color Pasta Salad Coleslaw 2 Slices Whole Wheat Bread Banana</p>	<p>31) Meatball Sub w/ Tomato Sauce and Mozzarella Potato Salad Spinach and Bacon Salad Whole Wheat Hoagie Roll Cookie</p>

All meals are served with bread, butter, 1% milk, coffee or tea. Eat Well...Stay Well Lunch Sites are located throughout Niagara County. Call 716-438-4031 for more information.
Suggested Contribution for meals is \$3.25. Menus are subject to change without notice. This is a Niagara County Office for the Aging Program serving the population age 60 and older.
4.4 Menus approved by Connor Abbott, RD. 4/5/2024 FINAL COPY C.A.